

# Health assistance service

Answers to day-to-day health questions are just a phone call away!

Everybody needs reliable health information and advice. So why not give your employees access to a direct line they can call for answers to their health questions? Our health assistance service offers exactly that.

Our health assistance service puts practical information and reliable advice on healthcare issues at your employees' fingertips.

## Healthcare professionals there for your employees

Our team of experts can be reached from anywhere at any time, day or night, to answer questions about various topics such as physical fitness, nutrition, childcare, vaccinations and regional healthcare resources.

From prevention tips to dealing with minor emergencies, your employees will get the information they need when they need it. For example, our experts can help them:

- find out what precautions to take when starting a fitness program
- care for a baby who wakes up with a fever in the middle of the night
- get information about seasonal flu shots
- find eldercare for an aging parent

## A service that benefits you and your employees

Employee well-being has a direct impact on your company's bottom line. Employees who have the tools they need to deal with stress and other everyday challenges miss work less often and are more productive.

The health assistance service is included in our extended healthcare and drug insurance. Employees and their dependents insured under these benefits automatically have access to this telephone service at no extra charge, in their own language. They can find the information they need 24/7 and calls are strictly confidential.

**Help is at your fingertips, all the time!**



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The health assistance service is part of Health and Wellness 360°, the prevention arm of our service offer that promotes workplace health and wellness and offers employees and their families prevention strategies to help them deal with these kinds of issues.

Do your employees have concerns or questions about their health?

Help is just a phone call away!



#### ABOUT DESJARDINS INSURANCE

Desjardins Insurance has been offering a wide range of life and health insurance and retirement savings products to individuals, groups and businesses for more than a century. As one of Canada's five largest insurers, they oversee the financial security of over five million Canadians from offices across the country. Desjardins Insurance is part of Desjardins Group, the country's leading cooperative financial group.

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