

<b><u>Demographics</u></b>		<b><u>Number of years with current employer (n:1062)</u></b>	
<b><u>Age (n: 1061)</u></b>	<b><u>%</u></b>	Less than 5 years	44
18-24	4	5 to 9 years	21
25-34	32	10 to 14 years	12
35-44	25	15 years or more	23
45-54	28	<i>Average</i>	<i>9 years</i>
55 and over	11		
<b><u>Gender (n: 1062)</u></b>		<b><u>Has to supervise or manage employees (n:1057)</u></b>	
Male	54	Yes	37
Female	46		
<b><u>Occupation (n:1062)</u></b>		<b><u>Main line of business of the employer (n:1044)</u></b>	
Working full-time	91	Public administration	13
Working part-time	9	Manufacturing	12
		Retail trade	10
		Educational services	9
		Health care and social assistance	9
		Professional services/scientific/technical	8
		Transportation/warehousing/courier service	6
		Information related industry/cultural industry	6
		Finance and insurance	5
		Hospitality/restaurant services	4
		Wholesale trade	4
		Administrative and business support services	3
		Construction	3
		Other	8
<b><u>Number of Employees (n:1021)</u></b>			
From 10 to 49	16		
From 50 to 199	17		
From 200 to 999	19		
1,000 or more	48		

## Recession Duration

QK1) How long will the current recession in Canada last?

(%)	Less than one year	One year or more	Don't Know
<b>(n: 1062)</b>	34.3	47.2	18.4
<b>Region</b>			
Atlantic Provinces	26.8	51.0	22.1
Quebec	33.8	51.7	14.5
Ontario	37.1	45.3	17.7
Prairies	36.8	47.0	16.3
British Columbia	29.0	42.8	28.2
<b>Industry</b>			
Construction	49.8	43.6	15.6
Manufacturing	35.6	49.2	15.1
Retail	40.6	46	13.4
Professional/Scientific/Technical	26	58.4	15.8

## The recession and your financial health

QK3) As a consequence of the current recession, your employment income has decreased

(%)	Somewhat, Totally Agree
<b>(n: 1058)</b>	28.7
<b>Region</b>	
Atlantic Provinces	24.2
Quebec	22.3
Ontario	34.9
Prairies	27.7
British Columbia	26.9
<b>Industry</b>	
Construction	36.4
Manufacturing	43.2
Retail	39.2
Professional/Scientific/Technical	32.4

QK4) As a consequence of the current recession, you are working less hours

(%)	Somewhat, Totally Agree
(n: 1059)	17.6
<b>Region</b>	
Atlantic Provinces	15.2
Quebec	12.9
Ontario	20.2
Prairies	18.4
British Columbia	19.1
<b>Industry</b>	
Construction	26.4
Manufacturing	25.6
Retail	23.2
Professional/Scientific/Technical	35.1

### Different Priorities

QF11) Since the start of the current recession, you worry about losing your job?

(%)	Somewhat, Totally Agree
(n: 1033)	42.7
<b>Region</b>	
Atlantic Provinces	34.1
Quebec	32.4
Ontario	54.9
Prairies	31.5
British Columbia	46.8
<b>Industry</b>	
Construction	50.1
Manufacturing	61.0
Retail	52.8
Professional/Scientific/Technical	53.4

**QF14) You feel that employers are taking advantage of the current recession by cutting staff?**

	(%)	Somewhat, Totally Agree
<b>Total (n: 1026)</b>		61
<b>Region</b>		
Atlantic Provinces		58
Quebec		61
Ontario		64.1
Prairies		51.8
British Columbia		66.8
<b>Industry</b>		
Construction		52
Manufacturing		58
Retail		61
Professional/Scientific/Technical		68.1

**QF16) What could your employer do that would help you deal with the current recession?**

(%)	Nothing	Assure job security/stay in business	Increase wages	Communicate more with the employees	Increase maintain benefits coverage
<b>(n: 1062)</b>	18.4	12	8.1	5.1	4.8
<b>Region</b>					
Atlantic Provinces	21.5	9.5	9.7	2.7	4.3
Quebec	21.5	14.2	6.5	2.9	3.5
Ontario	14.9	11.8	6.4	7.1	5.6
Prairies	21.5	9.3	9.4	5.5	6.3
British Columbia	16.3	12.6	13	4.1	3.3
<b>Industry</b>					
Construction	21.9	3.0	11.6	7.7	-
Manufacturing	18.5	11.0	4.9	5.2	4.1
Retail	16.6	5.7	9.3	4.7	5.2
Professional/Scientific/Technical	24.3	17.6	6.0	10.4	3.5

## Health and the Recession

QD1) Would you say that your level of stress is currently lower, the same or higher compared to one year ago?

(%)	Higher
<b>(n:1062)</b>	35.3
<b>Region</b>	
Atlantic Provinces	33.2
Quebec	27.7
Ontario	40.1
Prairies	34.7
British Columbia	38.0
<b>Industry</b>	
Construction	42.9
Manufacturing	44.4
Retail	43.5
Professional/Scientific/Technical	34.7

QF3) In your opinion, the current recession has no impact on your work-life balance?

(%)	Somewhat, Totally Disagree
<b>(n: 1048)</b>	53.9
<b>Region</b>	
Atlantic Provinces	45.0
Quebec	42.2
Ontario	63.3
Prairies	48.7
British Columbia	60.4
<b>Industry</b>	
Construction	63.7
Manufacturing	67
Retail	65.1
Professional/Scientific/Technical	49.9

QF1) In your opinion, the current recession is harming your physical health?

(%)	Somewhat, Totally Disagree
<b>(n: 1011)</b>	<b>74.8</b>
<b>Region</b>	
Atlantic Provinces	80
Quebec	83.4
Ontario	68.8
Prairies	75.7
British Columbia	71.7
<b>Industry</b>	
Construction	74.7
Manufacturing	75.6
Retail	63.5
Professional/Scientific/Technical	80.2

QF2) In your opinion, the current recession is harming your mental health?

(%)	Somewhat, Totally Disagree
(n:1026)	64.5
<b>Region</b>	
Atlantic Provinces	62
Quebec	73.4
Ontario	59.6
Prairies	66.9
British Columbia	60.8
<b>Industry</b>	
Construction	59.3
Manufacturing	58.0
Retail	54.4
Professional/Scientific/Technical	69.0

**EAP and Financial Security**

QH3) Does your employer, trade union or professional association offer an Employee Assistance Program (EAP)?

(%)	Yes
(n:773)	79.3
<b>Region</b>	
Atlantic Provinces	81.1
Quebec	77.2
Ontario	83.1
Prairies	78.2
British Columbia	74.8
<b>Industry</b>	
Construction	52.6
Manufacturing	66.6
Retail	55.6
Professional/Scientific/Technical	70

QJ1) I would like to know your assessment of your personal financial security. Do you have?

(%)	Steady Source of Income	Personal Savings	Savings for Future/Retirement	Written Financial Plan	Life Disability or Salary Insurance	Healthy Lifestyle	RRSP
(n: 1062)	90.2	42.7	49.5	12.2	63.5	45.3	66.7
<b>Region</b>							
Atlantic Provinces	96.6	33	42.6	6.1	72.2	41.2	66.5
Quebec	86.4	53.1	60.9	17.9	80.4	51	72.6
Ontario	88.4	36.7	43	9.2	52.3	42.2	63
Prairies	92.6	52.6	58.1	13.6	69.7	47.9	72.8
British Columbia	95.4	33.4	39.7	11.8	51.3	42.7	59
<b>Industry</b>							
Construction	78.7	26.2	24.6	1.9	49.3	26.7	35.9
Manufacturing	85.7	43.3	45.0	13	61	42.2	71.6
Retail	83.2	34.4	36.5	7.8	51.3	32	49.7
Professional/Scientific/Technical	86.8	50.7	51.8	11.5	62	47.1	70.9

## **Work Environment**

QG1) How would you qualify your work environment since the start of the current recession? Is it...?

(%)	Totally Mostly Positive	Neither Positive or Negative	Mostly Totally Negative
(n: 1056)	36.2	42.9	20.8
<b>Region</b>			
Atlantic Provinces	41.2	47.4	11.4
Quebec	35.5	48.7	15.9
Ontario	34.5	40.6	24.8
Prairies	41.1	37.4	21.5
British Columbia	33.0	43.7	23.3
<b>Industry</b>			
Construction	23.4	55.8	20.7
Manufacturing	22.3	43.7	34.1
Retail	42.2	30.6	27.2
Professional/Scientific/Technical	48.1	35.5	16.4

### **About the Survey**

SOM Surveys, Opinion Polls and Marketing conducted this web survey on behalf of Desjardins Financial Security between March 30 and April 15, 2009. In total, 1,062 interviews were conducted with a sample of Canadian workers who work for a company or organization with at least 10 employees. The data was weighted to reflect the distribution of the Canadian population in terms of the country's main regions (Atlantic Provinces, Quebec, Ontario, the Prairies, British-Columbia), and by the joint age-gender population distribution in Quebec, Ontario and elsewhere in Canada. The data were also weighted to reflect the population distribution in terms of mother tongue and the proportion of adults who live alone in each of these same three regions.

### **About Desjardins Financial Security**

Desjardins Financial Security, a subsidiary of Desjardins Group, the largest integrated cooperative financial group in Canada, specializes in providing life insurance, health insurance and retirement savings products to individuals and groups. Every day, over five million Canadians rely on Desjardins Financial Security to ensure their financial security. Desjardins Financial Security employs 3,800 people and administers \$19.7 billion in assets from offices in several cities across the country, including Vancouver, Calgary, Winnipeg, Toronto, Ottawa, Montréal, Québec, Lévis, Halifax and St. John's. For more information please visit <http://www.dfs.ca>.